### Specialised in complex care

We share the expertise and experience resulting from consultations and assessment reviews with care professionals. To facilitate improvements in complex care, we also provide feedback to care institutions related to work processes, cultural aspects and structural organisation.

Interested in expertise on severe challenging behaviour? Please visit our website for interviews, case-based learning and video presentations from our experts. You will also find the results there of studies on the influence of the organisational environment on challenging behaviour in people with intellectual disabilities.

# **More Expertise**

Interested in expertise on severe challenging behaviour? Please visit our website for tools, interviews, case-based learning and video presentations from our experts. You will also find the results there of studies on the influence of the organisational environment on challenging behaviour in people with intellectual disabilities.

See more on: www.cce.nl/expertise

### Contact

For more information on CCE, please contact: informatie@cce.nl or visit www.cce.nl/english





Centre for Consultation and Expertise (CCE) occupies a unique position within the Dutch national healthcare system. CCE is a supplementary service to standard healthcare services in case of severe challenging behaviour.

Individuals in need of long-term care sometimes face the situation that their quality of life is in danger or becoming seriously compromised. Should they or their caregivers be no longer able to find solutions, they can apply to CCE for 'exceptional care'. We work with independent experts in order to provide customised advice and support. In doing so, CCE is a supplementary service to standard national healthcare services.

New ideas and expertise can be derived from this exceptional care service. We share this new knowledge with care professionals in the entire sector: it's one of our core values. CCE thus contributes to the overall quality of care.

CCE focuses on all clients in need of exceptional care who already receive long-term care. We are active in the field of care for persons with disabilities, in the nursing and care of the elderly, and also in the youth care and mental healthcare sector. CCE has a long history of experience in caring for people with

intellectual disabilities, physical disabilities, profound multiple disabilities, autism, non-congenital brain injuries and behavioural disorders. CCE consists of one national and three regional offices.

#### Consultation

CCE accepts applications for consultation when there are serious concerns about a client's quality of life. He or she has complicated medical and/or psychological problems, exhibits severe challenging behaviour or seems to have bleak future prospects. CCE takes action only when problems cannot be resolved within the standard healthcare system. Care professionals can also consult CCE for a second opinion about an existing care plan. No costs result from enlisting CCE's aid; CCE is fully funded by the government.

CCE has a large network of consultants throughout the Netherlands, who advise on the possibilities of better support, treatment and care for clients. They

are professionals such as (educational) psychologists, behavioural experts, doctors, nurses and psychiatrists. These professionals are not on CCE payroll, but are temporarily enlisted on the basis of their expertise.

It is because CCE only deals with complex issues that its approach is multidisciplinary, using different points of departure and a wide range of specialties. After all, factors such as the physical, social and organisational environment of clients can be a factor.

# **Expertise**

Consultations are evaluated and provide new insights into the factors which resulted in success or failure for a certain approach, such as knowledge of disorders, challenging behaviour and treatment methods, for example.

Our long experience with consultations is the impetus for developing new expertise. CCE has an external focus and is dedicated to sharing the expertise resulting from consultations with other healthcare organisations. In this way, specific expertise is not only of benefit to the individual client concerned, but to all clients nationwide.

This expertise is obviously shared amongst CCE's own consultants, but also with healthcare professionals in the sector as a whole, for instance by means of work conferences and (online) publications.

# **CCE's operating principles**Focus on the client

Our work is client-based. Starting from the client's perspective, we strive to explain challenging behaviour by answering the questions: what exactly is the client experiencing and what environmental factors are causing the behaviour? In tandem with caregivers and client representatives, we explore what the client needs.

# Fresh external perspective

The use of external experts is essential to our method. These experts are deployed so that we can furnish unbiased, customised advice which is not limited to a single care sector.

### Cooperation

Discussions and dialogue are at the heart of our search for solutions. Caregivers, relatives, friends and other external parties are always our interlocutors. Our role is strictly temporary and is intended as an adjunct to existing care.